



## A WORLD IN NEED OF SAVING

### HOW TO RUIN YOUR LIFE

GENESIS 4:1-16

Ben Blakey - Compass Bible Church - October 29, 2023

1. Just \_\_\_\_\_  
(vv. 3-5)

2. Ignore \_\_\_\_\_  
(vv. 6-8)

3. Don't \_\_\_\_\_  
(vv. 9-10)

4. Complain \_\_\_\_\_  
(vv. 11-15)

Genesis 4:1-16 (ESV)

4 Now Adam knew Eve his wife, and she conceived and bore Cain, saying, "I have gotten a man with the help of the LORD."  
2 And again, she bore his brother Abel. Now Abel was a keeper of sheep, and Cain a worker of the ground. 3 In the course of time Cain brought to the LORD an offering of the fruit of the ground, 4 and Abel also brought of the firstborn of his flock and of their fat portions. And the LORD had regard for Abel and his offering, 5 but for Cain and his offering he had no regard. So Cain was very angry, and his face fell. 6 The LORD said to Cain, "Why are you angry, and why has your face fallen? 7 If you do well, will you not be accepted? And if you do not do well, sin is crouching at the door. Its desire is contrary to you, but you must rule over it."  
8 Cain spoke to Abel his brother. And when they were in the field, Cain rose up against his brother Abel and killed him. 9 Then the LORD said to Cain, "Where is Abel your brother?" He said, "I do not know; am I my brother's keeper?" 10 And the LORD said, "What have you done? The voice of your brother's blood is crying to me from the ground. 11 And now you are cursed from the ground, which has opened its mouth to receive your brother's blood from your hand. 12 When you work the ground, it shall no longer yield to you its strength. You shall be a fugitive and a wanderer on the earth." 13 Cain said to the LORD, "My punishment is greater than I can bear. 14 Behold, you have driven me today away from the ground, and from your face I shall be hidden. I shall be a fugitive and a wanderer on the earth, and whoever finds me will kill me." 15 Then the LORD said to him, "Not so! If anyone kills Cain, vengeance shall be taken on him sevenfold." And the LORD put a mark on Cain, lest any who found him should attack him. 16 Then Cain went away from the presence of the LORD and settled in the land of Nod, east of Eden.

## APPLICATION QUESTIONS

1. Read Genesis 4:16. Reflect on the significance of Cain going away from the presence of the Lord. How should the reality of sin separating us from God motivate us to trust Christ and obey him?
2. Read Micah 6:6-8. How might you be tempted to go through the motions of a religious life without actually doing what God wants? How can you guard your heart from lifeless religious activity?
3. Read Proverbs 1:24-31. How have you ever experienced consequences from ignoring the warnings of God's wisdom? How can you grow more sensitive to listening to your conscience and other ways that God seeks to warn us?
4. Read Psalm 32:5. Why is acknowledging our sin such an important part of restoration (whether with God or with others)? How can you grow in taking responsibility for your own sin?
5. Read Hebrews 10:19-22. While sin separates us from God, why is it practically important for you to remember that the "new and living way" to God has been opened by the work of Christ and not our own works?

### RECOMMENDED RESOURCES

*Here are some books which may help you dig deeper into what we studied today. While Pastor Ben cannot endorse everything about each book/author, he does think these books are worth considering and reading.*

MacArthur, John. *The Vanishing Conscience*. Thomas Nelson, 2005.

Jones, Robert D. *Uprooting Anger*. P&R Publishing, 2005.

Owen, John. *The Glory of Christ*. Banner of Truth, 1994.

### PRAYER REQUESTS

Pray for ongoing fruit from our Men's Retreat.

Pray that we would not follow the destructive example of Cain.

Praise God for the blood of Christ that speaks a better word than the blood of Abel.

Pray that 2023 is the most faithful and fruitful year of evangelism in your life.

Pray that God will provide a long-term home for CBCTV through the Taking Ground project.

### REVIVAL FROM THE BIBLE READING

Date	Old Testament	New Testament
10/30	Job 11-14	Hebrews 10:19-39
10/31	Job 15-17	Hebrews 11:1-16
11/1	Job 18-19	Hebrews 11:17-31
11/2	Job 20-21	Hebrews 11:32-40
11/3	Job 22-24	Hebrews 12:1-17
11/4	Job 25-28	Hebrews 12:18-29