



SUMMER IN THE PSALMS

DISSONANT DESPAIR

PSALM 69

Josiah Smith - Compass Bible Church - August 13th, 2023

1. Trust _____
(vv. 1-12)

2. Target _____
(vv. 13-28)

3. Train _____
(vv. 29-36)

APPLICATION QUESTIONS

1. **Read Psalm 69:1-3.** If you are currently in a season of sorrow/suffering, use this text as a template to honestly put into words what you are experiencing and feeling. Be detailed and specific.
2. **Read Psalm 69:4-12.** Identify parallels between David's experience in this present circumstance to Christ's experience(s) during his life and ministry on earth. What does this teach us about how Christ knows, understands, and sympathizes with our suffering?
3. **Read Psalm 69:13-28.** What aspects of God's character do you see David targeting in his prayer? How does targeting our prayers toward specific aspects of God's character provide help/comfort in seasons of sorrow? Using your response to question 1, create a prayer list that targets specific aspects of God's character that connect to what you are experiencing and feeling.
4. **Read Psalm 69:29-36.** David chooses to praise the Lord in the midst of his present suffering. What can we do today to prepare our hearts to praise the Lord in our suffering tomorrow?
5. **Read Psalm 69:1-3; 34-36.** David begins with great sorrow and ends with great hope, even though there is no indication of his painful circumstances subsiding. How does this Psalm help us navigate the dissonance of our despair? What hope does this Psalm provide for those who are "stuck between a painful circumstance and a theological truth?"

PRAYER REQUESTS

Pray for those in our church who are currently experiencing sorrow. Pray for the presence of Christ to provide a strong foothold in the midst of their pain.

Pray for a heart that desires to know God's "person" above his "providence" in painful circumstances.

Pray for opportunities to be an encouragement to those who are experiencing sorrow/suffering.

Pray for the Lord to use the painful circumstances we experience to make us more like Christ.

Pray for the people of our church to train their hearts to praise the Lord in the midst of suffering

REVIVAL FROM THE BIBLE READING

Date	Old Testament	New Testament
8/14	Zephaniah	2 Corinthians 12:11-21
8/15	Haggai	2 Corinthians 13
8/16	Zechariah 1-5	Galatians 1
8/17	Zechariah 6-9	Galatians 2
8/18	Zechariah 10-14	Galatians 3:1-14
8/19	Malachi	Galatians 3:15-29