



SUMMER IN THE PSALMS  
**A HOME IN A HOPELESS WORLD**  
PSALM 90

Ben Blakey - Compass Bible Church - August 6th, 2023

1. Rethink \_\_\_\_\_  
(vv. 1-11)

*Psalm 90 (ESV)*  
*A PRAYER OF MOSES, THE MAN OF GOD.*  
1 Lord, you have been our dwelling place  
in all generations.  
2 Before the mountains were brought forth,  
or ever you had formed the earth and the  
world, from everlasting to everlasting you  
are God.  
3 You return man to dust and say, "Return, O  
children of man!"  
4 For a thousand years in your sight are but  
as yesterday when it is past, or as a watch in  
the night.  
5 You sweep them away as with a flood; they  
are like a dream, like grass that is renewed in  
the morning:  
6 in the morning it flourishes and is renewed;  
in the evening it fades and withers.

2. Reorder \_\_\_\_\_  
(vv. 12-15)

7 For we are brought to an end by your  
anger; by your wrath we are dismayed.  
8 You have set our iniquities before you, our  
secret sins in the light of your presence.  
9 For all our days pass away under your  
wrath; we bring our years to an end like a  
sigh.  
10 The years of our life are seventy, or even  
by reason of strength eighty; yet their span  
is but toil and trouble; they are soon gone,  
and we fly away.  
11 Who considers the power of your anger,  
and your wrath according to the fear of you?  
12 So teach us to number our days that we  
may get a heart of wisdom.  
13 Return, O LORD! How long? Have pity on  
your servants!  
14 Satisfy us in the morning with your  
steadfast love, that we may rejoice and be  
glad all our days.

3. Rely \_\_\_\_\_  
(vv. 16-17)

15 Make us glad for as many days as you  
have afflicted us, and for as many years as  
we have seen evil.  
16 Let your work be shown to your servants,  
and your glorious power to their children.  
17 Let the favor of the Lord our God be  
upon us, and establish the work of our hands  
upon us; yes, establish the work of our  
hands!

## APPLICATION QUESTIONS

1. **Read Matthew 6:12-13.** Why might you be tempted to neglect making confession and asking for help against temptation consistent parts of your prayers? Why are these things so important?
2. **Read Psalm 39:4-6.** How can considering the brevity of life actually be a healthy and godly thought? What are some earthly things or perspectives that you may actually place too much emphasis on in light of eternity?
3. **Read Psalm 90:14.** How can you make the sentiment of this verse a goal in your daily time with the Lord? How can these times be times of satisfaction with God's steadfast love instead of just going through the motions?
4. **Read Proverbs 3:5-6.** These may be familiar verses, but what does it practically look like when you "lean on your own understanding" instead of relying on God? What can you do to "acknowledge him" more this week?
5. **Read Psalm 90:1-2.** As you conclude your time with this Psalm, how will you be encouraged knowing that it is possible to have a dwelling place in a God who reigns from everlasting to everlasting?

### RECOMMENDED RESOURCES

*Here are some books which may help you dig deeper into what we studied today. While Pastor Ben cannot endorse everything about each book/author, he does think these books are worth considering and reading.*

Alcorn, Randy. *The Treasure Principle*. Multnomah, 2001.  
Bridges, Jerry. *Trusting God*. NavPress, 1988.  
Gibson, David. *Living Life Backward*. Crossway, 2017.  
Tozer, A.W. *The Knowledge of the Holy*. HarperOne, 2009.

### PRAYER REQUESTS

Pray that we would gain a heart of wisdom by numbering our days.  
Pray that we would be satisfied each morning by the steadfast love of God.  
Pray for Compass Bible Church North Texas as they officially launch today!  
Pray that 2023 is the most faithful and fruitful year of evangelism in your life.  
Pray that God will provide a long-term home for CBCTV through the Taking Ground project.

### REVIVAL FROM THE BIBLE READING

Date	Old Testament	New Testament
8/7	Obadiah	2 Corinthians 8
8/8	Jonah	2 Corinthians 9
8/9	Micah 1-4	2 Corinthians 10
8/10	Micah 5-7	2 Corinthians 11:1-15
8/11	Nahum	2 Corinthians 11:16-33
8/12	Habakkuk	2 Corinthians 12:1-10