



SUMMER IN THE PSALMS  
**A REFUGE LIKE NO OTHER**  
PSALM 62

Ben Blakey - Compass Bible Church - July 16th, 2023

1. Trust \_\_\_\_\_  
(vv. 1-4)

*Psalm 62 (ESV)*  
*TO THE CHOIRMASTER: ACCORDING TO JEDUTHUN. A PSALM OF DAVID.*

*1 For God alone my soul waits in silence; from him comes my salvation.  
2 He alone is my rock and my salvation, my fortress; I shall not be greatly shaken.  
3 How long will all of you attack a man to batter him, like a leaning wall, a tottering fence?*

*4 They only plan to thrust him down from his high position. They take pleasure in falsehood. They bless with their mouths, but inwardly they curse. Selah*

*5 For God alone, O my soul, wait in silence, for my hope is from him.*

*6 He only is my rock and my salvation, my fortress; I shall not be shaken.*

*7 On God rests my salvation and my glory; my mighty rock, my refuge is God.*

2. Trust \_\_\_\_\_  
(vv. 5-8)

*8 Trust in him at all times, O people; pour out your heart before him; God is a refuge for us. Selah*

*9 Those of low estate are but a breath; those of high estate are a delusion; in the balances they go up; they are together lighter than a breath.*

*10 Put no trust in extortion; set no vain hopes on robbery; if riches increase, set not your heart on them.*

*11 Once God has spoken; twice have I heard this: that power belongs to God,*

*12 and that to you, O Lord, belongs steadfast love. For you will render to a man according to his work.*

3. Trust \_\_\_\_\_  
(vv. 9-12)

## APPLICATION QUESTIONS

1. **Read Proverbs 3:5.** What are some ways you might be tempted to lean on yourself instead of God? How can you notice and avoid these tendencies in your own life?

2. **Read Psalm 62:2.** God is a rock and fortress; these truths should not be known only in theory but also in experience. How have you seen God be a rock and refuge for you? How can this help grow your confidence in him?

3. **Read Psalm 62:1, 5.** While “waiting” on the Lord may sound passive, why is it actually very active? What are some thoughts or desires you will have to wrestle with in order to truly wait on the Lord?

4. **Read Philippians 4:6.** Why is prayer so important in our response to fear, anxiety, or trouble? What keeps you from truly pouring your heart out to God in these times?

5. **Read Psalm 62:11-12.** Why are the attributes/actions of God listed here so important for us to know as we wait on the Lord? What are some other verses that express the importance of these things, or what other attributes of God can be helpful as we wait on the Lord?

### RECOMMENDED RESOURCES

*Here are some books which may help you dig deeper into what we studied today. While Pastor Ben cannot endorse everything about each book/author, he does think these books are worth considering and reading.*

Bridges, Jerry. *Trusting God*. NavPress, 1988.  
Fabarez, Mike. *Lifelines for Tough Times*. Harvest House, 2018.  
Piper, John. *Future Grace*. Multnomah. 2012.

### PRAYER REQUESTS

Praise God for being the only true rock and refuge in this world.  
Pray that we would actively wait on him and trust him at all times.  
Pray for Rooted as it ministers to the college students and young adults at our church.  
Pray that 2023 is the most faithful and fruitful year of evangelism in your life.  
Pray that God will provide a long-term home for CBCTV through the Taking Ground project.

### REVIVAL FROM THE BIBLE READING

Date	Old Testament	New Testament
7/17	Ezekiel 17-19	1 Corinthians 12:1-11
7/18	Ezekiel 20-21	1 Corinthians 12:12-31
7/19	Ezekiel 22-23	1 Corinthians 13
7/20	Ezekiel 24-26	1 Corinthians 14:1-25
7/21	Ezekiel 27-29	1 Corinthians 14:26-40
7/22	Ezekiel 30-32	1 Corinthians 15:1-19